

Foundations for the Future: Foundry Burnaby

BC Centre for Ability is bringing a Foundry youth mental health and wellness centre to Burnaby.



Mental health and wellness are crucial aspects of all our lives, and young people are most at risk for experiencing mental health struggles. By having appropriate and accessible mental health support foundations in their community, young people are more likely to thrive. One of the ways that can be fostered in BC is through Foundry.

Foundry is a province-wide network of integrated health and wellness services for young people ages 12 to 24. Foundry offers free and confidential supports for young people—mental health, substance use health, physical & sexual health, peer supports, work, education and community services, and drop-in counselling—both online and in-person in communities across BC. With the first Foundry having opened in downtown Vancouver in 2015, 18 centres

have since opened, with more on the way, including Foundry Burnaby.

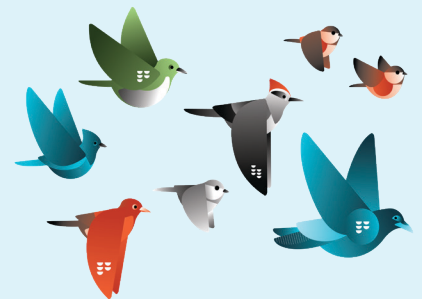
BC Centre for Ability (BCCFA) has been delivering quality services for children, youth, and adults with disabilities and their families since 1969. We were founded with the goal of creating inclusive communities and a sense of belonging, and our programs provide support around the province to children, youth, and adults through a variety of services. Many of the young people we serve in our current disability-focused services experience mental health and wellness challenges, and we know there is a need for more supports in the community. Being the lead agency for Foundry Burnaby has given us the wonderful opportunity to expand our services to support more young people and we greatly look forward to when we can start direct services in 2027.

As lead agency, we manage the development of Foundry Burnaby at all levels, as well as the implementation of direct services once the centre opens. While building a Foundry centre is a collaboration between many different partners including government, social and health services, businesses, and community members, a significant part of Foundry development is driven by generous donors, just like you.

Our Need

To open Foundry Burnaby, our fundraising goal is \$2 million to support developing, renovating, and equipping the space at 6889 Royal Oak for service delivery. By having this need met, we will be able to efficiently bring this service to Burnaby and help build healthy foundations for the Burnaby community. As Burnaby is the third-largest community in the Lower Mainland, this service is crucial for Burnaby's youth.

Now more than ever, we need to offer every young person and caregiver across BC a place to go where they can feel safe and find the help they need, when they need it—online and in their communities.



For more information, visit bc-cfa.org/foundry or contact:

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