

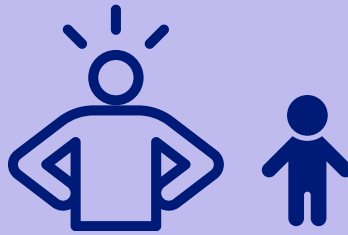
COACHING

In Everyday Routines

COACHING IS...



An
evidence-based
intervention



that **helps caregivers** develop
their **confidence** and **ability** to
interact with their child



in ways that
promote learning
and **development**

EVERYDAY ROUTINES at home

The activities you do with your child **every day** are the **best place** to help them **learn and grow**.



dressing



eating



playing with toys



going outside



shopping



bath time



reading



sleeping

Coaching within daily routines means:

- you don't have anything "extra" to do
- it's easier to see how what you're doing is making a difference for your child
- your child is supported to participate in the meaningful activities of life

EVERYDAY ROUTINES at child care centres

If your child is in preschool or daycare, we provide coaching to the staff to help your child participate in the everyday activities of the centre.



playing with others

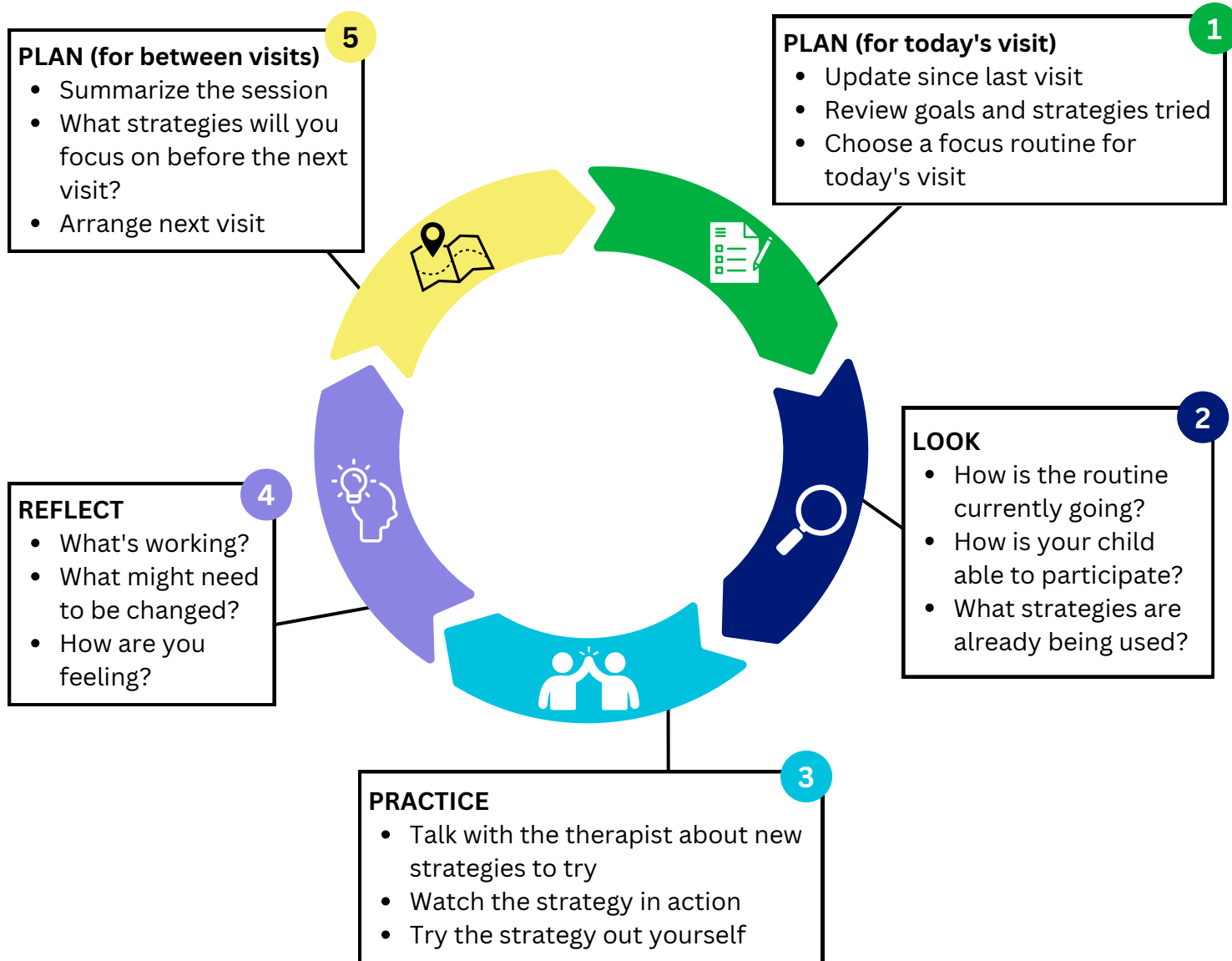


group activities like circle time



moving between activities

What does coaching look like?



VIDEOS

What coaching is: [4 min.](#)

What coaching looks like: [3 min.](#), [7 min.](#), [9 min.](#), [9 min.](#)